

**Tanya Mickler, Ph.D., PA**  
**Licensed Psychologist (PY 5842)**

2653 SW 87<sup>th</sup> Dr., Suite A  
Gainesville, FL. 32608  
(352) 331-0020

**INFORMED CONSENT FOR EVALUATION AND TREATMENT**

PATIENT NAME: \_\_\_\_\_

I \_\_\_\_\_ hereby consent to evaluation and/or treatment of myself/my child rendered by Tanya Mickler, Ph.D. I agree, that should I present my child for evaluation and/or treatment, that I have legal authority to do so. I understand that it is my responsibility to maintain scheduled appointments, provide payment for services rendered, provide an accurate and complete account of current and past evaluations, treatment, symptoms, and complaints, follow through on agreed upon recommendations and provide any information necessary for insurance billing.

**Confidentiality Disclosure:**

Communication between client and therapist is considered confidential. However, I understand that the confidential nature of my records *may not be protected* under the following circumstances: Suspicion or evidence of child abuse or neglect; Immediate danger to myself or others; Need for hospitalization; In the event that it becomes necessary to submit my charges to a collection agency for non-payment; Legal cases in which I am a plaintiff seeking medical or psychological damages; Legal cases in which I use my psychological status as a defense or mitigating circumstance; and cases involving health professionals who may be impaired or violating licensing statutes or rules.

**Release of Information to Insurance:**

I understand that Dr. Mickler may or may not be under contract with my insurance carrier and might or might not be able to file insurance claims for me. I understand that if Dr. Mickler is unable to file claims with my insurance carrier, it is my responsibility to provide payment for the services rendered and personally submit claims to my own insurance carrier for reimbursement. In the event that Dr. Mickler will be submitting claims to my insurance carrier, I hereby release any and all medical information to the insurance carrier necessary to process my claims. I reassign my benefits to Dr. Mickler, thus authorizing my insurance company to reimburse her directly for her services.

I understand that while mental health providers may substitute a summary of records, that insurance companies may still request the original record. In order to expedite claims, I authorize release of a copy of the original complete record to any requests for documentation by the insurance carrier or its representatives.

By signing below, I indicate my understanding of the above, agreement to the above terms and conditions, and that the above has been explained to me in terms that I understand. By signing below I also indicate that I have asked any questions I might have about the above terms and conditions and my questions have been answered. I agree to evaluation and treatment and agree to the above terms and conditions, and release of information.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Witness \_\_\_\_\_

## NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION

**THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

**Effective date: April 14, 2003**

If you consent, the provider is permitted by federal privacy laws to make uses and disclosures of your health information for purposes of treatment, payment, and health care operations. Protected health information is the information we create and obtain in providing our services to you. Such information may include documenting your symptoms, examination, test results, diagnosis, treatment, and applying for future care or treatment. It also includes billing documents for those services.

**Examples of uses of your health information for treatment purposes are:**

- An employee of the provider's office obtains treatment information about you and records it in a health record
- During the course of your treatment, the provider determines that she will need to consult with another specialist in the area. She will share the information with such specialists and obtain input.

**An example of use of your health information for payment purposes:**

- We submit a request for payment to your health insurance company. The health insurance company requests information from us regarding services rendered. We will provide that information to them about you and the care you receive.

**An example of use of your health information for health care operations:**

- The state licensing authority wants to review records to assure that we have acted consistent with state law regarding your care. In doing so, it wants to take a sampling which includes review of your chart. At the licensing authority's request, we will provide it with a copy of your chart.

**Your health information rights:**

The health record and billing records we maintain are the physical property of this office. The information in it, however, belongs to you. You have a right to:

- Request a restriction on certain uses and disclosures of your protected health information by delivering the request in writing to our office. We are not required to grant the request, but we will comply with any request granted.
- Obtain a paper copy of the Notice of Privacy Practices for Protected Health Information by making a request at our office.
- Request that you be allowed to inspect and receive a copy of your health record and billing record. You may exercise this right by delivering the request in writing to our office.
- Appeal a denial of access to your protected health information except in certain circumstances.
- Request that your health care record be amended to correct incomplete or incorrect information by delivering a written request to our office.
- File a statement of disagreement if your amendment is denied, and require that the request for amendment and any denial be attached in all future disclosures of your protected health information.
- Obtain an accounting of disclosures of your health information as required to be maintained by law by delivering a written request to our office. The accounting will not include internal uses of information for treatment, payment, or operations, disclosures made to you or made at your request.
- Request that communication of your health information be made by alternative means or at an alternative location by delivering the request in writing to our office.
- Revoke any authorizations that you made previously to use or disclose information except to the extent information or action has already been taken by delivering a written revocation to our office.

You have the right to review this Notice before signing the consent authorizing use and disclosure of your protected health information for treatment, payment, and health care operations purposes.

If you want to exercise any of the above rights, please contact your healthcare practitioner (Tanya Mickler, Ph.D.) at Haile Market Therapy and Behavioral Medicine, (352) 331-0020, 2653 SW 87<sup>th</sup> Dr, Suite A, Gainesville, FL, 32608, in person, or in writing, during normal business hours. She will provide you with assistance on the steps to take to exercise your rights.

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## ***Our Responsibilities***

The provider is required to:

- Maintain the privacy of your health information as required by law
- Provide you with a notice as to our duties and privacy practices as to the information we collect and maintain about you
- Abide by the terms of this Notice
- Notify you if we cannot accommodate a requested restriction or request
- Accommodate your reasonable requests regarding methods to communicate health information to you.

We reserve the right to amend, change, or eliminate provisions in our privacy practices and access practices and to enact new provisions regarding the protected health information we maintain. If our information practices change, we will amend our Notice to reflect these changes. You are entitled to receive a revised copy of the Notice by calling or requesting a copy of our Notice or by visiting the office to obtain a copy.

### **To Request Information or File a Complaint**

If you have questions, would like additional information, or want to report a problem regarding the handling of your information, you may contact your healthcare practitioner (Tanya Mickler, Ph.D.) at Haile Market Therapy and Behavioral Medicine, (352) 331-0020, 2653 SW 87<sup>th</sup> Dr, Suite A, Gainesville, FL, 32608.

Additionally, if you believe your privacy rights have been violated, you may file a written complaint at our office by delivering the written complaint to your healthcare practitioner (Tanya Mickler, Ph.D.) at Haile Market Therapy and Behavioral Medicine, (352) 331-0020, 2653 SW 87<sup>th</sup> Dr, Suite A, Gainesville, FL, 32608.

You may also file a complaint by mailing or e-mailing it to the Secretary of Health and Human Services. We cannot, and will not, require you to waive the right to file a complaint with the Secretary of Health and Human Services (HHS) as a condition of receiving treatment from our office. We cannot, and will not, retaliate against you for filing a complaint with the Secretary.

### **Other Uses and Disclosures**

- We have Business Associates with whom we may share your protected health information.
  - For example, in preparing our annual financial statement, auditors may need to review samples of medical care given. We may disclose your health information to the accounting firm to prepare this material.
  - For example, during our routine health care operations, we may need to hire computer technicians and software vendors. We may disclose your health information to these vendors to maintain daily functioning in our health care operations.

### **Notification**

Unless you object, we may use or disclose your protected health information to notify, or assist in notifying, a family member, personal representative, or other persons responsible for your care, about your location, about your general condition, or your death.

### **Communication with Family**

Using our best judgment, we may disclose to a family member, other relative, close personal friend, or any other person you identify, health information relevant to that person's involvement in your care or in payment for such care if you do not object or in an emergency.

### **Disaster Relief**

We may use and disclose your protected health information to assist in disaster relief efforts.

### **Marketing**

We may contact you to provide you with appointment reminders, with information about treatment alternatives, or with information about other health-related benefits or services that may be of interest to you.

### **Workers Compensation**

If you are seeking compensation through Workers Compensation, we may disclose your protected health information to the extent necessary to comply with laws relating to Workers Compensation.

**Public Health**

As required by law, we may disclose your protected health information to public health or legal authorities charged with preventing or controlling disease, injury, or disability.

**Abuse and Neglect**

We may disclose your protected health information to public authorities as allowed by law to report abuse or neglect.

**Law enforcement**

We may disclose your protected health information for law enforcement purposes as required by law, such as when required by a court order, or in cases involving felony prosecutions, or to the extent an individual is in the custody of law enforcement.

**Health oversight**

Federal law allows us to release your protected health information to appropriate health oversight agencies or for health oversight activities.

**Judicial/Administrative Proceedings**

We may disclose your protected health information in the course of any judicial or administrative proceeding as allowed or required by law, with your consent, or as directed by a proper court order.

To avert a serious threat to health or safety, we may disclose your protected health information consistent with applicable law to prevent or lessen a serious, imminent threat to the health or safety of a person or the public.

**For Specialized Governmental Functions**

We may disclose your protected health information for specialized government functions as authorized by law such as to Armed Forces personnel, for national security purposes, or to public assistance program personnel.

**Other uses**

Other uses and disclosures in addition to those identified in this Notice will be made only as otherwise authorized by law or with your written authorization and you may revoke that authorization as previously stated.

By signing below, I acknowledge that I have received a copy of the Notice of Privacy Practices.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Personal Representative of Patient: \_\_\_\_\_

Description of Representative's Authority to Act on behalf of Patient: \_\_\_\_\_

**Tanya Mickler, Ph.D., P.A.**  
Licensed Psychologist (PY 5842)

2653 SW 87<sup>th</sup> Drive, Suite A  
Gainesville, FL. 32608  
(352) 331-0020

**PLEASE READ THIS CAREFULLY – PRACTICE POLICIES**

Welcome to my practice. The following document was developed to explain my office practices and professional responsibilities. In lieu of spending time on administrative matters, please read this document carefully and sign. Any questions you have regarding this document will be answered during your first consultation appointment. When you sign this document, it will represent an agreement between us.

**Psychological Services**

Psychotherapy involves a commitment between client and psychologist to process the concerns presented for treatment. Our first few sessions will involve an evaluation of your needs, after which I will be able to provide an impression of what our work will include and a treatment plan to follow, if you should decide to continue with therapy. You should evaluate this information along with your own opinions as to whether you feel comfortable working with me. I will gladly discuss any concerns or questions you may have regarding my procedures and will provide you with the names of other professionals if you should desire a second opinion.

Clients generally receive the best benefit from psychotherapy when they take an active role in their own treatment. This involves working on the issues we discuss both during our sessions and at home, as well as doing your best to follow through with recommendations or discuss your limitations in doing so.

Individual and family therapy sessions will be 53 minutes (unless planned otherwise). Any necessary paperwork (session progress notes, insurance treatment authorization forms, letters), as well as coordination of care (i.e. phone calls to physicians, psychiatrists, etc.) need to occur as part of your 53-minute session time (either prior to the start, during or at the ending of the session). If these activities need to occur outside of, or in addition to, your session time, you will be billed at my standard hourly rate (see revised Financial Agreement form). Insurance does not cover these activities though they are expected as a part of necessary mental health care.

**Office Hours**

I am in the office on Mondays, Tuesdays and Wednesdays.

**Phone Calls**

If you wish to schedule or cancel an appointment, please call me at (352) 331-0020. If you are in crisis and need immediate assistance, you should go to the emergency room, call 911, or call the Alachua County Crisis Center at (352) 264-6789. You also may call my office and contact the answering service who will attempt to reach me.

**Consent to Treatment/Confidentiality**

Please read and sign the attached review of consent to treatment and confidentiality limitations.

By signing below, I indicate my understanding of, and agreement with, the above. By signing below I also indicate that I have asked any questions I might have about the above information and my questions have been answered. I have retained a copy for reference.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Witness \_\_\_\_\_

## FINANCIAL AGREEMENT

Dr. Mickler's Initial Diagnostic Interview	\$175.00
Dr. Mickler's 53-minute individual psychotherapy session	\$150.00
Dr. Mickler's 40-minute individual psychotherapy session	\$125.00
Dr. Mickler's 20-minute individual psychotherapy session	\$ 75.00
Dr. Mickler's 53-minute family psychotherapy session	\$175.00

### **PLEASE NOTE:**

Time for phone calls to coordinate care with your other providers will need to occur as part of your therapy session time (prior to the start, during or at the end of your session). If during your treatment, you need written documentation from me, this will need to occur during your session. Alternatively, additional activities that you'd prefer or that need to occur outside of the session will be billed at the rate of \$150/hr. **Insurance does not cover these costs.**

### **PLAN A- Cash payments of fees**

1.) If I file my own insurance or do not have insurance that covers psychotherapy, I will pay the full fee to Dr. Mickler on the day that services are rendered.

2.) **I AGREE TO PAY THE FULL FEE FOR MISSED APPOINTMENTS AND ALL APPOINTMENTS CANCELLED WITHOUT 24 HOURS NOTICE.** Payments must be made before or at the time of the next appointment.

3.) If I do not honor this financial agreement and develop an outstanding balance, I will pay the charges within 30 days. I agree to an interest charge of 1.5% per month (18% per year) if my balance is not paid within 30 days. If payment is not made, I waive the right to confidentiality for purpose of collection of the said fee. Any reasonable attorney fees and costs incurred by Dr. Mickler for the collection of the past due account shall be my obligation as well.

### **PLAN B- Cash plus insurance payment of fees**

I authorize the release of any medical records or other information necessary to process this claim. I also authorize any payment of medical benefits to the above referenced provider for services rendered. However, it must be fully understood that the contract is between me and my insurance company and I am fully responsible for any amount not paid by my insurance.

1.) **I will submit to the office my co payment on the day of my session.** Dr. Mickler will file my insurance and any insurance payments received are to be deducted from the balance of my account.

2.) The office does not guarantee that my insurance company will pay. They will make every attempt at the beginning of my health care to receive verification of my policy and what it covers. However, if for some reason, my insurance claim is denied, or payments are requested to be refunded, I am responsible for the full amount of my bill.

3.) The office will not enter into a dispute with my insurance company regarding my claim. This is my responsibility and obligation.

4.) I will pay the percentage of my responsibility as I continue (e.g. if my insurance pays 80% of my care, I will pay 20% of each office visit).

5.) **I AGREE TO PAY THE FULL FEE FOR ALL MISSED APPOINTMENTS AND ALL APPOINTMENTS CANCELLED WITHOUT 24 HOURS NOTICE.** Payments must be paid before or at the time of the next appointment.

6.) If I do not honor this financial agreement and develop an outstanding balance, I will pay all charges within 30 days. I agree to an interest charge of 1.5% per month (18% per year) if my balance is not paid within 30 days. If payment is not made, I waive my rights to confidentiality for purpose of the said collection fee. Any reasonable attorney fees and costs incurred by Dr. Mickler for the collection of the past due account shall be my obligation as well.

I understand and agree with all of the above office policies. I will pay today by: CASH    CHECK    CREDIT CARD

\_\_\_\_\_  
Plan A or B

Signature

\_\_\_\_\_  
Date

NEW PATIENT INFORMATION

Date \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  M  F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_ (cell) \_\_\_\_\_

Are there any phone restrictions? \_\_\_\_\_

Can we leave a message at **home**?  Y  N      **work**?  Y  N      **cell**?  Y  N

Occupation \_\_\_\_\_ Satisfaction Level \_\_\_\_\_

Driver's License # \_\_\_\_\_

Reason for Visit \_\_\_\_\_

**Personal**

Marital Status  Single  Live in Partner  Married  Remarried  Separated  Divorced  Widowed

Partners Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Phone \_\_\_\_\_

Relationship to Patient \_\_\_\_\_

Student Status  Full Time  Part Time  None -School Name \_\_\_\_\_

Permanent Home Address \_\_\_\_\_

**Medical**

Referred by \_\_\_\_\_ Phone \_\_\_\_\_ Primary Care Physician \_\_\_\_\_

Are you presently seeing a therapist or counselor?  Y  N Name \_\_\_\_\_

Have you seen a Psychiatrist in the past 12 months?  Y  N Name \_\_\_\_\_

Current and Past Medical Conditions \_\_\_\_\_

Current Medications \_\_\_\_\_

**Insurance Information**

Primary \_\_\_\_\_ Policy Holder \_\_\_\_\_ DOB \_\_\_\_\_

Policy # \_\_\_\_\_ Group# \_\_\_\_\_ Relationship to insured \_\_\_\_\_

# INTERVIEW & HISTORY (to be completed by Adolescent)

Client's name:	Today's date:
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Please list the reasons you are here today and describe your concerns or problems.

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***Completion of the following information will provide a thorough background in better understanding your concerns.***

## PSYCHOSOCIAL HISTORY

List everyone with whom you live (i.e. parents/stepparents, siblings, grandparents, etc.).

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How do you get along with each person living in the home? Please describe each relationship.

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

(4) \_\_\_\_\_

Please circle if either of the following is true of you:                      Was adopted                      Is a foster child

If your parents are separated or divorced or one or both parent(s) are deceased, please indicate **when** this occurred:

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Has your family ever moved/relocated?                      (circle one)                      YES    NO

When? \_\_\_\_\_ From where \_\_\_\_\_ to where \_\_\_\_\_  
When? \_\_\_\_\_ From where \_\_\_\_\_ to where \_\_\_\_\_  
When? \_\_\_\_\_ From where \_\_\_\_\_ to where \_\_\_\_\_

Please list any chores or jobs that you have around the house (keeping room clean, cleaning out dishwasher, taking out trash, taking care of a pet). Please rate below how well you think these chores are performed:

Chores & Responsibilities	Need frequent reminders	Get them done some of the time	Almost always do them	Don't know
1.				
2.				
3.				



On school nights, what time do you usually (1) go to sleep \_\_\_\_\_ (2) wake up in the morning \_\_\_\_\_? On weekends and holidays, what time do you usually (1) go to sleep \_\_\_\_\_ (2) wake up in the morning \_\_\_\_\_?

Describe your energy level. \_\_\_\_\_

Describe your appetite. Has it changed recently? Has you gained or lost a lot of weight recently?  
\_\_\_\_\_

How satisfied are you with your weight and appearance? (Use back of page if necessary) \_\_\_\_\_

Have you had feelings of hopelessness in the last few months? (circle one) YES NO

Have you had any thoughts about harming yourself or others? (circle one) YES NO

*If yes to either, please explain* \_\_\_\_\_

Have you had any experience with cyclical periods of intense energy, which may include a significant decrease in need for sleep, feeling much more talkative or restless than usual, or engaging in more risk-taking behavior than is typical? (circle one) YES NO

*If yes, please explain* \_\_\_\_\_

Have you been troubled by seeing or hear things you know are not real? (circle one) YES NO

*If yes, please explain* \_\_\_\_\_

Have you had episodes of significant anxiety or worries? (circle one) YES NO

Have you had any significant difficulties with fears or phobias? (circle one) YES NO

*If yes to either, please explain* \_\_\_\_\_

Have you had any legal difficulties (i.e. arrests, probation, etc.)? (circle one) YES NO

*If yes, please describe* \_\_\_\_\_

Do you now or have you ever engaged in any self-harming behaviors? (circle one) YES NO

*If yes, please describe nature and frequency* \_\_\_\_\_

What do you consider to be your strengths? \_\_\_\_\_

What do you like to do for fun? Any strong interests/hobbies? \_\_\_\_\_

## SCHOOL HISTORY

Please list below all schools that you have attended:

*City and State	NAME AND LOCATION * OF SCHOOL	DATES ATTENDED	Did you have any problems with behavior, learning, fine motor or social skills? If so, please describe.
NURSERY / PRESCHOOL			
KINDERGARTEN			
ELEMENTARY SCHOOL			
MIDDLE SCHOOL			
HIGH SCHOOL			
COLLEGE			

Did you skip any grade?      YES      NO	Did you repeat any grade?      YES      NO
If yes, which grade? _____ Why? _____	

How do you generally feel about school? \_\_\_\_\_

How would you describe your relationship with teachers? \_\_\_\_\_

What is your best subject in school? \_\_\_\_\_ hardest subject? \_\_\_\_\_

Please list your MOST RECENT GRADES (and/or include report card):

Subject	Grade	Subject	Grade	Comments:
Reading		Social Studies		
Language Arts / Writing		History		
Spelling		Geography		
Math		Art		
Science		Music		

Approximately how many **hours a night** do you spend on homework? \_\_\_\_\_ hours.

Is getting homework done a source of stress for you?      YES      NO

If yes, please explain: \_\_\_\_\_

## INTERVIEW & HISTORY (to be completed by parent)

Client's name:	Today's date:
Name of person completing this form:	Relationship to child:

Please list the reasons your child is here today and describe any additional concerns that you may have.

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***Completion of the following information will provide a thorough background in better understanding your concerns.***

### FAMILY HISTORY

PLEASE READ CAREFULLY: Following is a checklist of characteristics or conditions that may run in families. We are interested in whether anyone in the family other than this student has had any of these. Please put an X in the column of the family member(s) who have or have had each characteristic or condition. If more than one brother or sister has or has had one of these characteristics or conditions, put an X for each one in the appropriate column (for example, if there were two brothers who had trouble with learning how to read, you would put two X's next to that item under the column "Child's Brother(s).") The "Others" column (for family members such as cousins, aunts, uncles, grandparents) should be used in the same way.

FAMILY HISTORY	Child's Mother	Child's Father	Child's Brother(s)	Child's Sister(s)	Others (specify)
Hyperactive/Attention problems					
Learning difficulties (reading/writing/math)					
Held back in school (retained in a grade)					
Speech problems					
Behavior problems					
Mental Retardation					
An honor student					
Legal problems due to conduct					
Depression or manic depression					
Drug or alcohol problems					
Tics, movement disorders					
Obsessive Compulsive Disorder					
School avoidance, phobias, panic attacks					
Eating Disorder					
Chronic or significant health problems					

Please describe any positive responses in as much detail as possible below:

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**Child's father:** Name: \_\_\_\_\_

Father's present age \_\_\_\_\_ Education level completed \_\_\_\_\_ Occupation: \_\_\_\_\_

**Child's mother:** Name: \_\_\_\_\_

Mother's present age \_\_\_\_\_ Education level completed \_\_\_\_\_ Occupation: \_\_\_\_\_

**Siblings:**

Brother/Sister's Name: \_\_\_\_\_ Present age \_\_\_\_\_ School level/Occupation \_\_\_\_\_

Brother/Sister's Name: \_\_\_\_\_ Present age \_\_\_\_\_ School level/Occupation \_\_\_\_\_

**MEDICAL HISTORY**

Please rate your child's overall health (excellent, good, fair, poor) \_\_\_\_\_

Please list any history of chronic illness, hospitalizations, accidents/injuries/head injuries, loss of consciousness, blackouts (date and nature of each) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any history of headaches, seizures, meningitis(date, nature of) \_\_\_\_\_  
\_\_\_\_\_

If your child takes medications, who is the prescribing physician? \_\_\_\_\_

Please list any history of developmental difficulties (including any history of problems during pregnancy, complications following birth, problems with milestones such as walking or talking, or history of chronic ear infections as child) \_\_\_\_\_  
\_\_\_\_\_

Please list the name and phone number of your pediatrician: \_\_\_\_\_  
Date of your child's last physical: \_\_\_\_\_

**PSYCHOSOCIAL HISTORY**

How does your child get along with each person living in the home? Please describe each relationship.

- (1) \_\_\_\_\_
- (2) \_\_\_\_\_
- (3) \_\_\_\_\_
- (4) \_\_\_\_\_

Do you have any concerns regarding your child's behavior at home? (circle one) YES NO

If yes, please explain: \_\_\_\_\_

Do you have any concerns regarding your child's behavior at school? (circle one) YES NO

If yes, please explain: \_\_\_\_\_

Do you have any concerns regarding your child's friendships? (circle one) YES NO

If yes, please explain: \_\_\_\_\_

Do you have any concerns regarding your child's mood? (circle one) YES NO

If yes, please explain: \_\_\_\_\_

Do you have any concerns regarding your child's appetite/sleep/energy/appearance?  
(circle one) YES NO

If yes, please explain: \_\_\_\_\_

Has your child experienced any recent events you would consider especially stressful (i.e. parent health problems, job changes, best friend moves away, etc.)? (circle one) YES NO

If yes, please describe \_\_\_\_\_

Has your child ever experienced any events you would consider *traumatic or life-endangering* (i.e. tornado, fire, abuse, etc.)? (circle one) YES NO

If yes, please describe \_\_\_\_\_

Please **list all previous evaluations** your child has had for an academic, behavioral, or emotional problem in the past.

Reason for evaluation	Date of evaluation	Evaluator's Name	Type of Evaluation	Outcome (Diagnosis/Treatment)

Has your child ever participated in individual, family or group counseling? YES NO

If yes, when, with whom, why and what was the outcome of this? \_\_\_\_\_

What do you consider to be your child's strengths? \_\_\_\_\_

***If your child is having academic or behavioral problems at school, please complete the following pages. If not, leave blank.***

EARLY EDUCATIONAL PERFORMANCE	NO PROBLEMS	HAD SOME PROBLEMS	HAD SERIOUS PROBLEMS- Please describe:	CANNOT SAY
Learning to read in 1 <sup>st</sup> and 2 <sup>nd</sup> grade				
Reading level in 3 <sup>rd</sup> to 6 <sup>th</sup> grade				
Learning to write the alphabet				
Behaving in 1 <sup>st</sup> and 2 <sup>nd</sup> grade				
Behaving in 3 <sup>rd</sup> and 4 <sup>th</sup> grade				
Behaving in 5 <sup>th</sup> and 6 <sup>th</sup> grade				
Learning arithmetic in 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> grade				
Learning arithmetic in 4 <sup>th</sup> , 5 <sup>th</sup> , and 6 <sup>th</sup> grade				
Learning to spell in 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> grade				
Learning to spell in 4 <sup>th</sup> , 5 <sup>th</sup> , and 6 <sup>th</sup> grade				
Learning to tell time				
Learning days of week, months of year				
Learning to write words/sentences				
Learning to hold a pencil properly				
Learning to trace and draw				
Learning cursive writing				
Getting homework done in 4 <sup>th</sup> , 5 <sup>th</sup> , and 6 <sup>th</sup> grade				
Acquiring good study habits				
Learning to pay attention in school				
Remembering names				
Learning to follow rules				
Learning to obey adults				
Learning to get along with other children				
Keeping track of belongings				

Additional comments:

\_\_\_\_\_

Has your child ever been evaluated for learning difficulties?      YES    NO

If yes, when and where \_\_\_\_\_

Has your child ever received any special education (ESE) services at school?      YES    NO

If yes, when and what type \_\_\_\_\_

Has your child received any special assistance for learning?      YES    NO    (i.e. tutoring, Sylvan Learning Center, received LIPS or Orton-Gillingham training, etc.) If so, please list each intervention in the box below.

Dates of treatment (start to finish)	Name of Tutor and Type of assistance	Frequency (i.e. 2X/week, etc.)	Outcome

<b>CURRENT SKILLS AND ABILITIES:</b> Please put an X next to each item in the column that best describes this student's current skill or ability level. If she or he has had no experience with a particular item, leave it blank.	Does very well	Does pretty well	Has some difficulty	Has <i>great</i> difficulty
ACADEMIC				Comments:
Understanding what he/she reads				
Reading fast enough				
Figuring out unfamiliar words while reading				
Handwriting (legibility)				
Writing reports: (Has good ideas but can't put them in writing: YES NO)				
Organization and flow				
Idea development				
Grammar and punctuation				
Writing fast enough				
Spelling accurately				
Learning a foreign language				
Learning new math skills				
Doing well on math tests				
Using a computer in school				
Completing homework independently				
Completing Science or other projects (please specify _____ )				
Remembering instructions for assignments				
Knowing what and how to study for a test				
Learning new words (vocabulary)				
Organizing study time				
Understanding spoken directions				
Understanding jokes and stories				
Speaking clearly				
Telling stories/describing things that have happened				
Remembering where to find things				
Remembering appointments				
Remembering phone numbers				
Remembering parents' directions				
Making friends				
Understanding other people's problems				
Using his/her imagination				

Please rate your child's ability to deal with homework. If there is no homework, just draw a line through the table below and go on to the next question.

	Needs constant supervision	Partially independent	Almost completely independent	Completely independent	Don't know
Keeps track of assignments					
Completes daily homework on time					
Turns daily home-work in on time					
Plans/completes long-range projects (book reports) on time					

Does your child seem to be more active, restless, or fidgety than other children? YES NO

*If yes, when did you first notice this?* \_\_\_\_\_

Does your child have trouble controlling impulses or often seem to act without thinking? YES NO

*If yes, when did you first notice this?* \_\_\_\_\_

Does your child seem to be easily distracted? YES NO

*If yes, when did this start?* \_\_\_\_\_

Does your child have trouble concentrating on schoolwork or engaging in activities that require sustained mental effort? YES NO

*If yes, when did you first notice this?* \_\_\_\_\_

**THANK YOU FOR COMPLETING THIS INFORMATION.**

## Eating Habits Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

How satisfied are you with your appearance on a scale of 1 to 10? \_\_\_\_\_

1 = very satisfied 10 = very dissatisfied

How satisfied are you with your current weight on a scale of 1 to 10? \_\_\_\_\_

1 = very satisfied 10 = very dissatisfied

What is your current height? \_\_\_\_\_ What is your current weight? \_\_\_\_\_

What was your highest weight in the past year? \_\_\_\_\_ Lowest weight? \_\_\_\_\_

What is the most you have ever weighed? \_\_\_\_\_ When \_\_\_\_\_

What is the least you have weighed as an adult? \_\_\_\_\_ When \_\_\_\_\_

When is the last time you saw your medical doctor/nurse practitioner? \_\_\_\_\_

Are you following any particular "diet" at the current time (i.e. calorie limit, food plan, avoiding certain foods)? *Please describe* \_\_\_\_\_

Do you track calories? \_\_\_\_\_ If yes, how many do you typically eat on a normal day? \_\_\_\_\_

How often do you exercise? \_\_\_\_\_ per week/day (circle one) \_\_\_\_\_ # minutes

What kind of exercise do you do? \_\_\_\_\_

How often do you restrict your calorie intake to influence your weight? (check one)

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

How often do you use laxatives to influence your weight? (check one)

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

How often do you use diuretics (i.e. water pills) to influence your weight? (check one)

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

How often do you use diet pills or other weight loss products to influence your weight? (check one)

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

## Eating Habits Questionnaire

How often do you use other substances (i.e. cocaine, amphetamines, alcohol) to influence your weight?

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

If you use substances to influence your weight, please describe \_\_\_\_\_

How often do you purge? (check one)

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

If you use substances to induce vomiting, please describe \_\_\_\_\_

How often do you binge (i.e. consume a large amount of calories in a brief period of time? (check one)

3 or > x/day \_\_\_\_\_ 3 or > x/week \_\_\_\_\_ 3 or > x/month \_\_\_\_\_ Other \_\_\_\_\_

1 - 2 x/day \_\_\_\_\_ 1 - 2 x/week \_\_\_\_\_ 1 - 2 x/month \_\_\_\_\_ Never \_\_\_\_\_

What foods do you choose to binge eat? \_\_\_\_\_

Do you ever use alcohol or other substances in a way similar to binge eating? \_\_\_\_\_

Do you chew and spit out food? Yes \_\_\_\_\_ No \_\_\_\_\_

When did you begin? (approximate month/year):

Dieting/restricting \_\_\_\_\_ Using laxatives \_\_\_\_\_ Using diuretics \_\_\_\_\_

Using diet pills \_\_\_\_\_ Bingeing \_\_\_\_\_ Purging \_\_\_\_\_ Chewing/spitting

food \_\_\_\_\_

Do you have difficulty with any of the following? (check any that apply)

Dizziness \_\_\_\_\_ fainting \_\_\_\_\_ racing heartbeat \_\_\_\_\_ hair loss \_\_\_\_\_

Unusual fatigue \_\_\_\_\_ frequent coldness \_\_\_\_\_ abnormal blood pressure \_\_\_\_\_

Electrolyte imbalance \_\_\_\_\_ cardiac irregularities \_\_\_\_\_ extra dry skin \_\_\_\_\_

Do you have any menstrual irregularities? \_\_\_\_\_ If yes, please describe \_\_\_\_\_

Have you ever stolen food or other items? \_\_\_\_\_

Do you spend money in a way that feels compulsive or out of control? \_\_\_\_\_

Any additional comments: